

2010 Menu



SAYBROOK
POINT

INN & SPA

Two Bridge Street, Old Saybrook, CT 06475
860-388-0000

Morning, Afternoon & Specialty Breaks

Full Day Continuous Beverage Service
Coffee, Decaffeinated Coffee & Assorted Teas
Assorted Soft Drinks and Bottle Water
\$9 per person

Coffee Refresh Break
Coffee, Decaffeinated Coffee & Assorted Teas
\$3 per person

Mid-Morning Refresh Break
Coffee, Decaffeinated Coffee & Assorted Teas
Assorted Pastries & Muffins
\$6 per person

Afternoon Cookie Break
Coffee, Decaffeinated Coffee & Assorted Teas
A Selection of Freshly Baked Cookies and Brownies
\$8 per person

Healthy Break
Coffee, Decaffeinated Coffee & Assorted Teas
Assorted Sodas and Bottled Water
Assorted Seasonal Whole Fruit
Granola Bars
Smart food white cheddar popcorn
Stacey's Pita Chips
\$10 per person

Sweet & Savory Break

SWEET: Select Two- Cookies, Brownies, Assorted Candy Bars, Peanut M&M's, Plain M & M's or Honey Roasted Peanuts
SAVORY: Select Two- Kettle chips, Dry Roasted Peanuts, Pita chips, Trail Mix, Popcorn & Smart Food Popcorn (white cheddar)
Assorted Soft Drinks and Bottled Waters
Coffee, Decaffeinated Coffee & Assorted Teas
\$12 per person

Morning, Afternoon & Specialty Breaks (continued)

Southwestern Break

Blue Corn and Regular Tortilla Chips
Corn and Black Bean Salsa
Pica De Gallo Salsa, Fresh Guacamole & Warm Queso Dip
Churros with Cinnamon
Limeade, Lemonade & Ice Tea
\$12 per person

The Ultimate Spa Break

(30 people maximum)

Accompanied by mini spa treatments for the entire group

Coffee, Decaffeinated Coffee & Assorted Teas
Assorted Iced Teas and Bottled Water
Avocado Rolls
Spicy Tuna Rolls
Assorted Bruschetta
International and Domestic Cheese Platter with Crackers
\$18 per person

Wings & Things Break

Chef's preparation of Chicken Wings & Boneless Chicken Tenders
(Mild, Spicy & Honey BBQ)
Bleu Cheese Dipping Sauce
Fresh Carrot and Celery Sticks
Assorted Sodas, Iced Tea & Bottled Water
\$10 per person

Make your own Ice Cream Sundae Bar

Choice of 2 flavors of Ice Cream: Coffee, Vanilla, Chocolate or Chocolate Chip
Served with: Chef's selection of Toppings and Fresh Baked Cookies & Brownies
Coffee, Decaffeinated Coffee & Assorted Teas
\$15 per person

Morning, Afternoon & Specialty Breaks

Mediterranean Market

Antipasto Display of assorted Italian Meats and Cheeses
Crudites & Crostini with Hummus
Bruschetta with Mozzarella, Tomatoes & Basil
Olive Bar & Assorted Peppers
Coffee, Decaffeinated Coffee & Assorted Teas
Assorted Sodas & Bottled Water
\$16 per person

A La Carte Break Items

The following Items can be added to ANY break

(Priced per person)

Low Fat Yogurts \$3
Hot Artichoke and Spinach Dip \$4
Queso Dip \$3
Baked Brie with Apricot glaze, slivered walnuts and cranberries \$8
Antipasto station \$7
Whole Fruit \$2
Sliced Fruit \$4
Kettle Chips \$2
Stacey's Pita Chips \$2
SmartFood Popcorn \$2
Regular Popcorn \$2
Assorted bottled Ice teas \$3
Guacamole \$3
Crudités \$6
Assorted Candy Bars \$3
Vitamin Water \$3
Individual Sized M & M's (Plain or Peanut) \$3