

Conference Break Menu

Coffee Service

Freshly Brewed Regular & Decaffeinated Coffee
Herbal Tea Assortment **\$3.00 per person**
Mid session refresh from Breakfast or Lunch **\$2.00 per person**

Afternoon Break

A Selection of Freshly Baked Cookies and Brownies
Freshly Brewed Regular & Decaffeinated Coffee
Herbal Tea Assortment
\$7.95 per person

Healthy Break

Assorted Seasonal Whole Fruit
Selection of Yogurt
Fresh Vegetable Crudité
Roasted Pistachios and Cashews
Granola Bars
Freshly Brewed Regular & Decaffeinated Coffee
Herbal Tea Assortment
\$13.95 per person

Cinema Break

Cheddar Cheese/ Plain Buttered Popcorn
SPI Homemade Kettle Chips
Assortment of Movie Candy to Include
Strawberry Twizzlers, Raisinets and Malted Milk Balls
Assorted Bottled Sodas and Mineral Waters
Freshly Brewed Regular & Decaffeinated Coffee
Herbal Tea Assortment
11.95 per person

Southwestern Break

Blue Corn and Regular Tortilla Chips
Corn and Black Bean Salsa
Pica De Gallo Salsa, Fresh Guacamole
Freshly Brewed Regular & Decaffeinated Coffee
Non-Alcoholic Beer and Icy Limeade
Freshly Brewed Regular & Decaffeinated Coffee
Herbal Tea Assortment
\$15.95 per person

*Saybrook Point Inn & Spa Sales Office (860) 388-0000
All Items and Prices Subject to Change
Prices Exclusive of 20% Service Charge and 6% CT Sales Tax*

A La Carte Break Items

Customize your own break or add to one of ours

Per Person

Crudités with Dip \$3.25

Cheese & Crackers \$3.95

Fresh Sliced Fruit Platter \$3.50

Seasonal Whole Fruit \$1.95

Granola Bars \$2.50

Assorted Yogurt \$2.50

SPI Homemade Kettle Chips \$2.00

Tortilla Chips with Fresh Salsa \$2.95

Pretzels \$1.50

Bar Mix

(cheddar bites, sesame sticks and peanuts) \$2.50

Freshly Popped Popcorn \$2.00

Freshly Baked Cookies \$2.95

Freshly Baked Brownies \$2.95

Assortment of Cinema Candies- Twizzlers, Malted Milk Balls, Raisinettes \$3.50

Coffee and Tea Service \$3.00

Assorted Fruit Juices \$2.75

Assorted Sodas \$2.50 (each)

Bottled Waters \$2.50 (each)

Mineral Water \$3.00 (each)

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