

## Green Activities

\*Private tour of Saybrook Point Inn & Spa's greening initiative equipment. Tour includes solar panel and chemical-free cooling tower, onsite waste water-disposal system, heat-recovery systems, and tier two standby generator. Mr. Stephen Tagliatela will also review the Saybrook Point Marina's conservation practices and awards.

\*Connecticut Audubon Society Tours include Eagle watching tours, Swallow boats, and Inland birding trips. Visit [CTAudubon.org](http://CTAudubon.org) for more information

\*Nordic Walking, running and walking on water front paths.

\*Self-guided historical walking tours of Old Saybrook and Essex

\*Bicycle and moped sightseeing tours. mopeds and bicycles are available on property.

\*Kayaking and Canoeing

\*Sunset Cruise of the Connecticut River with our open boat (maximum capacity of 20) or luxury motor yacht (maximum capacity of 45).