

# Fresh Salt BREAKFAST MENU

## EGGS

Home Fries, Choice of Seven-Grain, Rye or White Bread  
*Egg Whites or Egg Beaters, add 1.95*  
*English Muffin add .95*  
*Bagel add 1.95*

**Two Eggs, "As you Wish"** 11.95

**Three Egg Omelets** 14.95

*(Choose up to three fillings)*

Cheddar, American, Mozzarella, Mushrooms  
Peppers, Asparagus, Tomato, Onion, Spinach  
Applewood Bacon, Ham, Pork Sausage, Smoked Salmon

**Side Orders** 4.95

Bacon, Canadian Bacon  
Chicken-Apple Sausage, Pork Sausage

## FROM THE GRIDDLE

Served with Real Maple Syrup and Creamery Butter

**Cinnamon-Vanilla French Toast** 13.95

Thick-Cut Brioche, Caramel Drizzle

**Granola Pancakes** 12.95

House-made Granola

*Add Apple Compote 1.95*

*Add warm Blueberry Compote 2.95*

## SPECIALTY

**Eggs Benedict** 15.95

Poached Eggs, Canadian Bacon  
Asparagus Spears, English Muffin, Hollandaise Sauce

**Daybreak Sandwich** 12.95

Two Fried Eggs, Cheddar Cheese  
Bacon, Plain Bagel

**Steel-Cut Organic Oatmeal** 9.95

*(Made to Order)*

Served on the side; Apple Compote  
Medjool Dates, Real Maple Syrup

**Award-Winning Sunday  
Brunch Buffet  
10:30am - 2pm**

## KIDS MENU

**Single Pancake** 4.95

**One Egg, "as you Wish"** 5.95

## SIDES

**English Muffin** 3.95

**Bagel** 4.95

With Cream Cheese

**Breakfast Pastry** 5.95

Two per order, Choice of:

*Muffin, Croissant, Scone*

**Breakfast Potatoes** 3.95

**Seasonal Mixed Berries** 6.95

**Seasonal Fresh Fruit** 5.95

**Low-Fat Greek Yogurt** 3.95

*Add Fresh Berries (In Season) plus 3.95*

**Fresh Salt Parfait** 11.95

Greek Yogurt, House-made Granola

*Fresh Fruit and Berries (Based on Availability)  
or add Apple and Blueberry Compote*

## BREAKFAST CEREAL

**Special K, Raisin Bran, Cheerios**

**Frosted Flakes**

4.95

Served with Whole or Skim

*Almond or Soy Milk plus .95*

*Add Bananas or Strawberries plus 2.95*

## JUICE

**Fresh Orange Juice** Med. 4.95 Lg. 6.95

**Assorted Juices** Med. 4.95

Cranberry, Pineapple, Tomato, Grapefruit, Apple

## BEVERAGES

**Fair Trade Organic Coffee\*** 3.95

**Tea** 3.95

**Cappuccino** 4.95

*Almond or Soy Milk add .95*

**Latte** 4.95

*Almond or Soy Milk add .95*

**Single Espresso** 2.95

**Double Espresso** 4.95

## BREAKFAST SPECIALTY DRINKS

*Monday-Sat from 9:00 am | Sunday from 11:00 am*

**Bloody Mary 8.5 Mimosa 8.5**



*\*Regular Coffee is Indonesian Sumatra from a cooperative of 33 villages which is wet-hulled and sun-dried.*

*The Decaffeinated blend is from Central and Southern Columbia, where the beans are washed and sun-dried.*

Thoroughly Cooking Meats, Poultry, Seafood, Shellfish or Eggs reduces the risk of illness. If you have special dietary needs or allergies, please-let a member of our staff know. It will be our pleasure to make every effort to accommodate your request

*Fresh salt*

