

BREAKFAST

EGGS

Two Eggs, "As you Wish" 11.95

Three Egg Cheese Omelet 13.95

Cabot Cheddar, American, Mozzarella, Swiss
Additional Toppings Plus .50 Each

Mushrooms, Peppers, Asparagus, Tomato
Onion, Spinach, Applewood-Smoked Bacon
Ham, Pork Sausage, Chicken-Apple Sausage, Smoked Salmon

Breakfast Potatoes, Choice of Seven-Grain, Rye or White

Egg Whites or Cholesterol-Free Egg Beaters ©, add 1.95

English Muffin add .95

Bagel add 1.95

Substitute Berries for Breakfast Potatoes 5.95

Substitute Fruit for Breakfast Potatoes 3.95

Substitute Spinach for Breakfast Potatoes 4.95

Side Orders 4.95

Applewood-Smoked Bacon, Canadian Bacon

Chicken-Apple Sausage, Pork Sausage

FROM THE GRIDDLE

Served with Maple Syrup and Creamery Butter

Traditional French Toast 10.95

Strawberry Cheesecake French Toast 13.95

Cheesecake Filling, Strawberry Compote
Lemon Zest, Whipped Cream

Traditional Pancakes 10.95

Cinnamon Bun Pancakes 13.95

Cinnamon Brown Sugar Swirl, Icing, Caramelized Pecans

SPECIALTY

Daybreak Sandwich 12.95

Two Fried Eggs, Cheddar Cheese

Bacon, Plain Bagel

Clam Hash 14.95

Potato, Onion, Red Pepper, Bacon, Thyme, Clams

Two Eggs "As You Wish" add 3.50

Bagel & Lox 18.95

Diced Tomato, Capers

Red Onion, Whipped Dill Cream Cheese

Grilled Breakfast Burrito 12.95

Eggs, Sausage, Peppers, Potato

Cheddar Blend, Pico De Gallo, Guacamole

Avocado Toast 14.95

Smashed Avocado, Sliced Prosciutto, Fried Egg

Black Himalayan Sea Salt, Meyer Lemon Oil, Wheatberry Bread

EGGS BENNY

Classic Eggs Benedict 15.95

Poached Eggs, Canadian Bacon

Asparagus Spears, English Muffin, Hollandaise Sauce

Benedict Salmon 16.95

Poached Eggs, Salmon Cake, Hollandaise Sauce

Grilled Asparagus

California Eggs Benedict 16.95

Poached Eggs, Grilled Tomato, English Muffin

Asparagus Spears, Avocado, Hollandaise Sauce

BREAKFAST CEREAL

Steel-Cut Organic Oatmeal 9.95

(Made to Order)

Served on the Side; Apple Compote

Medjool Dates, Maple Syrup

Special K, Raisin Bran, Cheerios

Frosted Flakes 4.95

Served with Whole or Skim

Almond or Soy Milk add .95

Add Bananas or Strawberries add 2.95

KIDS

Single Pancake 6.95

One Egg, "As You Wish" 7.95

PB & J Burrito 7.95

Peanut Butter, Jelly, Banana,

Strawberry Compote, Powdered Sugar

SIDES

English Muffin 3.95

Bagel, Cream Cheese 4.95

Plain, Sesame Seed or Everything

Breakfast Pastry 6.95

Two per Order, Our Daily Selection

Breakfast Potatoes 3.95

Seasonal Mixed Berries 7.95

Seasonal Fresh Fruit 5.95

Low-Fat Greek Yogurt 3.95

Add Fresh Berries (In Season) add 7.95

Fresh Salt Parfait 11.95

Greek Yogurt, House-Made Granola

Berries (Based on Availability)

JUICE

Fresh Orange Juice 5.95

Assorted Juices 4.95

Cranberry, Pineapple, Tomato, Grapefruit, Apple

BEVERAGES

"Lighthouse Blend" Coffee* 3.95

Steep Organic Tea 4.95

Cappuccino 4.95

Almond or Soy Milk add .95

Latte 4.95

Almond or Soy Milk add .95

Single Espresso 2.95

Double Espresso 4.95

**Lighthouse Blend: This unique 3-bean blend creates an extremely well balanced experience. The aroma has great depth with notes of cocoa & caramel. The cup presents with full body, dark cherry and dried fruits, with a finish of dark cocoa that lingers on the palate.*

BREAKFAST SPECIALTY DRINKS

Monday-Sat from 9:00 am | Sunday from 11:00 am

Bloody Marys 9.95 **Mimosas** 8.95

FRESH SALT AT THE SAYBROOK POINT INN, MARINA & SPA | SAYBROOK.COM

If you have special dietary needs or allergies, please let a member of our staff know.
Thoroughly Cooking Meats, Poultry, Seafood, Shellfish or Eggs reduces the risk of illness.