



Welcome Back

The Spa at Saybrook Point

We are pleased to announce that the Spa is open. Please take note of the following CDC approved and industry best practices that are in place to make your experience comfortable and safe.

MAKING YOUR APPOINTMENT

Thursday - Monday from 10 am - 6 pm

Walk-in traffic (entering the spa without an appointment) is not available, please contact us by **phone only at (860)395-3245**

For our menu of services click [here](#).

PREPARE BEFORE YOU ARRIVE

It is mandatory to complete the fillable consent and release forms www.saybrook.com

Plan your arrival to be here 25 minutes before appointment.

Within 24-hours of your appointment, if you are experiencing cold or flu-like symptoms, or have been exposed to someone with the same, please contact us to ensure that proper precautions are taken in order to maintain your appointment. Digital temperatures are taken and guests with a temperature of 100.4 or greater will not be allowed on the premises.

Facemasks are required to enter the spa or hotel and will need to be worn during treatments.

Keep all personal items like purses and cell phones in your car but remember to bring a credit card, no cash payments will be taken at this time.

Robes, towels, showers, lockers, and separate relaxation or changing rooms are not allowed so please dress comfortably prior to arrival. Ample wardrobe hooks and disposable slippers are provided in the treatment rooms where you will change, and rest rooms are available.

WHEN YOU ARRIVE & DURING YOUR APPOINTMENT

Upon arrival, remain in your car and call 860-395-3245 to "check in". Our staff will provide further instruction.

Touchless/non-contact method of payment is recommended as we do not currently accept cash.

Service Providers will be dressed in, face mask, face shield, isolation gown and gloves for most services. Gloves will be optional for massage therapy at this time and all protection garb will be changed in between clients.

Treatment areas will be sanitized in accordance with FDA / CDC / Public Health guidelines between each treatment including use of a state-of-the art hydrostatic cleaner. Each room as a fan driven HEPA filter as well.

Treatment tables will be double sheeted with a protective sanitized underlayment.

Head rests will be double dressed.

We look forward to welcoming you back!