



**SAYBROOK
POINT**
SPA & WELLNESS

Esthetic Skin Care Therapies

CIRCADIA Light Therapy Facial

This facial can be customized for anti-aging or acne prone skin. The use of LightStim Elipsa will enhance this treatment with Red Light Therapy to increase collagen production and reduce wrinkles or Blue Light Therapy to reduce acne inflammation and scarring.

50 min | 199

CIRCADIA Oxygen Therapy

Solid state topical oxygen stimulates cellular response to help diminish signs of aging. This unique and very active process is an antidote to skin restoration and revitalization.

50 min | 185

CIRCADIA Vitamin Infusion

This cutting-edge anti-aging facial targets fine lines, uneven skin color and texture, resulting in visibly lighter, tighter, and brighter skin.

50 min | 155

CIRCADIA Peptide Firming Facial

This power packed peptide, antioxidant, enzyme, and amino acid rich facial instantly begins to repair aging skin. You will experience immediate firming action and visible skin luminosity.

50 min | 185 80 min | 235

EMINENCE Organic Arctic Berry Peel and Peptide Facial

This three step Arctic Berry Peel restores radiance, reduces fine lines, plumps wrinkles, and treats dark spots.

50 min | 235

EMINENCE Organic Facial

A customized treatment targets specific concerns: firming, calming, clearing, or brightening your skin.

50 min | 145

Body Treatments

Atlantic Ocean Memory

This marine based ritual begins with a Bora Bora Sand exfoliation. After a shower, a detoxifying warming marine mousse is applied down the spine. Relax during a 50-minute Swedish massage using a skin nourishing marine massage cream.

75 min | 199

Green Tea & Lemongrass or Lavender Mint Body Polish

A gentle full-body exfoliation. Shower. Corresponding scented lotion application finish.

45 min | 115

Age Defying Body Wrap

Start with a hydrating exfoliation using a Coconut Sugar Scrub, directly followed by our Mango Enzyme, while wrapped you will receive a scalp and hair massage before showering and completing this service with an application of the Coconut Firming Body Lotion leaving your skin feeling tight and firm while providing deep hydration.

75 min | 199

Aromatherapy Swedish Massage

Choose one of three potent Aromatherapy essential oil blends to help balance, emotional wellbeing and relaxation.

80 min | 215 50 min | 165

Deep Tissue Massage

Deep tissue work uses pressure from thumbs, elbows, forearms and knuckles to penetrate deeper layers of muscle.

80 min | 235 50 min | 185

Detox Deep Massage

This deep tissue therapy begins with a spinal application of a detoxifying warming marine mousse to help accelerate the elimination of toxins.

80 min | 240 50 min | 190

Sacred Mother Prenatal Massage

During our side-lying prenatal massage, relief is provided to reduce tension especially on the lower back and hips. This wellness therapy nurtures the mind, body and sacred spirit of the mother-to-be.

50 min | 155

Shea Butter and Hot Stone Massage

This wonderfully comforting therapy uses smooth basalt stones to massage and Shea Butter to nourish your skin while releasing tension in your muscles with gentle penetrating heat.

80 min | 215 50 min | 165

Swedish Massage

Embrace relaxation and tension relief. Your therapist utilizes a combination of flowing, systematic strokes and kneading techniques with light to moderate pressures to help you achieve an overall sense of wellbeing and calm.

80 min | 195 50 min | 145

Target Massage

Targets an area of your choosing, such as your neck, back and shoulders, or feet and legs.

25 min | 100

Foot Reflexology

This ancient therapy is designed to relieve stress, improve circulation and promote overall balance in the body by using specific meridian pressures and holds.

25 min | 100



For a complete listing of Services, Packages and Descriptions please scan the QR code or visit
Saybrook.com