

Fresh Salt
**Sunday
Brunch**
Lobster Eggstravaganza



BREAKFAST

- BLT Eggs Benedict 
- "Bacon, Lobster, Tomato" 
- Fresh Salt Lobster Omelet 
- Applewood-Smoked Bacon
- Sage Breakfast Sausage
- Lobster Cheddar Frittatas 
- Herb & Garlic Roasted Potatoes

WAFFLE STATION

- Malted Waffles, Pure Maple Syrup
- Gluten Free Waffles
- Savory, Malted Lobster Waffles 
- Traditional Toppings

PASTA STATION

Mezze Rigatoni, Pappardelle, Penne (GF)

Sauces Include:

- Lobster Parmesan Cream 
- Fresh Salt Cioppino 
- Alfredo | Bolognese | Marinara

ENTRÉES

Blackened Sirloin Medallions
Blue Cheese Mashed Potatoes, Salsa Cruda

Lemon Caper Chicken
Shitake Mushrooms & Artichokes

Pierogis & Kielbasa
Caramelized Onion Cream

Lobster & Crab Stuffed Sole 

Salmon Chevre Potato Cakes

Vegetable Medley

Sample Menu

10:30 am - 2:00 pm

Adults 59.95 | Children 5-12yr 30.95
Children Under 5yr Complimentary

SOUP & SALADS

- Lobster Bisque 
- Caesar Salad
- Caprese Salad
- Golden Beet & Fennel Salad
- Lobster Tortellini Salad
- Spinach Sald, Cranberries, Walnuts
Gorgonzola, Maple Balsamic

CARVING STATION

- Black Angus Ribeye
Horseradish Cream
- Glazed Baked Ham
Whole Grain Honey Mustard

DESSERTS

- Freshly Baked Pastries | Seasonal Tarts
- Assorted Cakes | Pies | Cookies



If you have special dietary needs or allergies, please let a member of our staff know. *Thoroughly cooking meats, poultry, seafood shellfish or eggs reduces the risk of illness.
Fresh Salt at Saybrook Point Resort & Marina | Saybrook.com | 860.388.1111